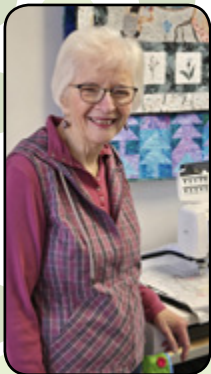


Cheyenne Heritage Quilters Patchwork Update

November/December 2025

Dedicated to encouraging and broadening quilter creativity, sharing quilting knowledge, exhibiting quilting accomplishments and contributing to the community.

Visit us online at **chquilters.org** or on Facebook: **Cheyenne Heritage Quilters**

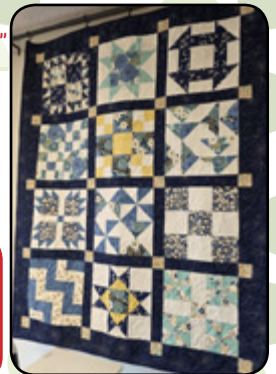


November 3, 2025 Program - *Marcia (Martie) Nowell, AKA "The Quilt Lady"*

Martie Nowell, aka The Quilt Lady is a quilting instructor and a Certified Instructor for Studio 180. She lived most of her life in Idaho, but now lives in Northern Colorado where she works at Wild Oats Sewing Company.

Wild Oats Sewing Company is active in NOCO Shop Hop featuring many of the shops in Northern Colorado. Martie is excited to meet new quilting friends to share ideas and knowledge.

CHQ will take Martie Nowell and Noe Cantu to dinner on November 3, at 5:00 p.m. at Hacienda Guadalajara, 317 East Lincolnway. Each member will be responsible for the cost of their own meal. Please RSVP to Marci Rulon at 401-359-6235 by Friday, October 31st if you plan on attending.
Thank you



President's Message - *Diana Clark*

It's the end of the year, how many quilts have you made?

November is here and with it plenty of fun days. Two of them my favorites. Thanksgiving Day full of family fun and food. Fall weather calls for some more beautiful, toasty quilts. Are we making some? I need to find some backing and finish my plentiful UFO tops.

November 11th is very special to me, as a veteran, the wife of a 45-year veteran, and the descendant of many veterans. It all started on 11th hour of the 11th day of the 11th month in 1918 the Armistice Treaty was signed.

Then we have December, my favorite holiday is Christmas. I love watching the little kids open presents, their faces so very happy. The decorations and the holiday music. What's not to love.

I want to say I have enjoyed these last two years as your President and thank all of you for your patience with me as I learned the ropes and for all the volunteers that showed up for our Quilt Show. I know Cat Wissner will be a great President and hope everyone continues to show her the same help and support you all have shown me.

In honor of this being the last newsletter of the year I have two jokes.

*What do you call a group of quilters?
Why couldn't Santa convince the quilter to visit?*

2025 Programs -

Marci Rulon, Vice-President, Programs Chairman

November 3, 2025 **Marcia (Martie) Nowell**, Studio 180 Rulers - **guest fee \$5**

November 17, 2025 **Board Meeting** - 6:30 p.m.

December 1, 2025 **Christmas Party** by the Hospitality Committee

January 5, 2026 **Cleata Zlenka and Debbie Przymus** Trunk Show

February 2, 2026 **Deb Koerwitz, Keith Blaney and Cindi Young**
Bits and Pieces (three separate creative processes)

March 2, 2026 **Kathy DeRouchey**, Panel Quilts

April 6, 2026 **TBD**

Doors open at 6:30 p.m. Meeting starts at 7 p.m.
Feel free to let Marci know if you have suggestions for programs.

Small Groups

Afternoon Quilters

Debbie Baldwin

Meets every Tuesday at the Library
Starts at 9:00 a.m.

Community Quilts

Donna Dolan

Meets second Wednesday of the month at the Library, Willow Room.
Starts at 9:30 a.m. to 3:30 p.m.

Quilting Cowpokes

Quilts of Valor (QOV) Group

Marilyn Lanham

Meets first Tuesday of month at Our Savior Lutheran Church on East Dell Range.
Bring a carry in lunch to share if you want.
9:00 a.m. - 3:00 p.m.

Paper Piecers

Robin Dempsey

Meets from 10 a.m. - 3 p.m.
First United Methodist Church
In Allison Hall

Remaining dates for 2025
Friday, November 7
Friday, December 12

No dates for 2026 have been set as of yet.
Details will follow as available

Open Sew

Cindi Young

Meets 3rd Wednesday of each month
First United Methodist Church,
in Allison Hall. \$3 donation requested.

This opportunity is for you to work on your own projects. You need to bring everything you will need to sew, including your own cutting mat and small personal iron, no large irons allowed. Please bring an extension cord.

Please bring your own lunch, or you can go out for it. Come whenever, leave whenever.

For questions, please contact Cindi Young:
970-631-7814 cindiyoung69@gmail.com

Upcoming Dates:

November 19 9:00 a.m. - 4:00 p.m.

December 17 9:00 a.m. - 4:00 p.m.



Click on
Picture to
go to site



My supply order goes in on the 1st and 15th if you would like to place an order for supplies. I do have sewing needles and thread in stock.

Call or Text 308-641-8638 leave a message I will return your calls at lunch time or after 4:30 pm . I am sure you all get Spam calls. If your in my phone I will answer otherwise leave a message please.

Individual one on one workshop for those who are learning to sew. Also those who would like to make their first quilt. Give me a call and we will get you started. Feel free to text me at 308-641-8638.

Since this is the last newsletter for 2025, I would like to take this time to say thank you to those customers who honored me with quilting their quilts. I wish all of you and your families a Happy Thanksgiving and a Very Merry Christmas from my home to yours.

Along other lines. Coffee Cups, Pin Cushions, Dish Towels, etc.. Official UW products for sale Remember to leave voice message or text with your name and number

Have a great month and thanks to all my quilting buddies for their patience as things get back to normal.



December 1, 2025 Meeting - Christmas Fun Activities! - Kathie Krempels

WEAR your Nice Christmas Sweater OR an Ugly Christmas Sweater. There will be a prize for Best in each category voted on by the group!

A light dinner (walking tacos), dessert, and drinks will be provided.



As your hospitality committee is planning several FUN quilt themed activities, please BRING the following to participate:

- One Fat Quarter (you'll go home with one!) Make it a Christmas Theme or Color. Maybe something left over in your stash!
- 3" WOF strips - maybe 5-10 so we can play "STRIP POKER" (Don't worry we can all keep our sweaters on!) The committee will have extra if you forget or if you bring a guest!

2025 CHQ Board Members

President	Diana Clark
Vice President	Marci Rulon
Secretary	Kathy Holt
Treasurer	Gina Vining
Hospitality	Kathie Krempels
Community Quilts Co-Chair	Donna Dolan
Community Quilts Co-Chair	Laraine Hutchison
Facebook Co-Chair	Cindi Young
Facebook Co-Chair	Vacant
Greeter	Sharon Waring
New Member Chair	Helen Jarvis
Newsletter Chair	Judy Gilmore
Website Chair	Judy Gilmore
Community Awareness	Diane Beffert
Opportunity Quilt Chair	Esther Trevino Neasloney
Challenge Quilt Chair	Mary Ellen Little
Quilt Show Chair	Sandra de Rusha

BERNINA AUTHORIZED
made to create DEALER!

JANOME
AUTHORIZED DEALER



SEWING CLASSES!! Quality Fabric!
Sewing Machines, Longarms, Quilting, Embroidery, & Sergers

We Repair ALL Brands

Sewing Center
of Cheyenne

www.SewCenterWY.com
1511 Logan Ave.
307-778-2717
Mon-Fri 9-5
Sat 10-4:30

CHQ Beat the Winter Blues Retreat 2026 - Cindi Young

- Dates: Thursday, March 5 - Saturday, March 7.
- Cost will be \$90.00, includes 5 meals
- Must be a current member of CHQ.
- Registration forms and final details will go out around the first of January.

Stormy Sea

Block of the Month
Beginning January 2026



www.QuiltEssentialsLaramie.com

An online quilt shop in Laramie, WY

Kara Enyeart, Owner

307-760-4519

www.facebook.com/QuiltEssentials

kara@quiltessentialslaramie.com

Treasurer - Gina Vining

It is time to pay annual dues to the guild for 2026. Dues are \$30 for the year. Please pay your dues at the registration table. We have preprinted forms already filled out for you, so you can proofread what we have in the roster. The membership form is also online at chquilters.org (Bottom Right side of the page)

If you prefer, you can mail your form and dues to:

CHEYENNE HERITAGE QUILTERS
PO BOX 21194
CHEYENNE, WY 82003

Please Pay Dues Now

The answers are A Block Party
and He didn't have enough backing.



Community Quilts Sizes
 Baby: 42" by any size
 Lap/Youth: 45" or more by anything but less than twin
 Adult lap quilts: 56" x 76"
 Twin: 63" by 87"



COMMUNITY QUILTS - Donna Dolan & Laraine Hutchison

Diane Beffert has agreed to be in charge of distributing Community Quilts in 2026, as Laraine is retiring! This job includes calling agencies monthly & delivering quilts as needed, plus being the contact person for new places to donate quilts.

Declutter and Share - Judy Gilmore

It seems we have members who have things they don't want anymore, so this is a way to share those things with each other. We'll list your name and a short description of what you have available in the newsletter. We don't need to include phone numbers, or addresses if you don't want to have them online, because members can get that info from the online password protected roster. Contact Judy at if you have trouble downloading the roster or have something for the Declutter and Share list.

- Is there anyone in our club who is interested in making quilts for others for payment? Sometimes we get emails at the club's account looking for someone to do this kind of thing. We recently received a request to do a "t-shirt quilt" using infant clothing. Let me know if it sounds like something you'd like to do. Judy Gilmore





Captain Stitch
Sewing machine service and repair



Chris McDaniel
Certified Sewing Machine
Technician

Call for an appointment today

Beginning Featherweight Oiling Class - \$45

Classes offered:

November 13, 2025 - 1 p.m.

November 29, 2025 - 1 p.m.

Please call Sheryl McDaniel
at 307-214-6765 to Sign-up
and to obtain supply list and location

Featherweight machines and supplies
will be available for purchase at the class.

New Members' Corner - *Helen Jarvis*

Our membership year runs from January to December, so at this time of year we ask members to pay dues for the next year.

Our dues for 2026 are \$30 for the year and you can pay them at the registration table. Our Treasurer will be there to take your money and she will have preprinted forms already filled out for you since you are a member of the club. We ask that you proofread that form, because it includes the information we have in the roster and if there are mistakes we can correct them for the membership.

You can also get a blank membership form from the treasurer, or online at chquilters.org. It is located at the bottom right side of our web page.

And of course, we also accept dues payments through the mail. Send your check and completed blank membership form to:

CHEYENNE HERITAGE QUILTERS
PO BOX 21194
CHEYENNE, WY 82003



If you are a new member and haven't received a packet with instructions for how to make your nametag, please let someone at the front desk know.



Around the Block QUILT SHOP

November/December Events

Christmas Club - Oct 4, 1-5

Potluck - Oct 11, 1-5

Machine Binding - Oct 18 10:30-2

Knitting 101 - Oct 18 2-5

6 Quilts/1 book - Oct 25 10:30-4

Block of the Month - 10:30 1st Sat of month

Hand Embroidery Club - 2nd Sat. of the
month, 10-noon FREE

Knit Pickers' Club - 2nd and 4th Wed of each
month, 2-5 FREE

Winter Hours: M-S 10-5, closed Sunday

Vandehei Avenue

Suite 120

307-433-9555

See aroundtheblockquilts.com for full schedule

LONE TREE
• F A B R I C •



12 DAYS OF DECEMBER DEALS
DECEMBER 2-16



NOTIONS • PATTERNS • KITS
PRECUTS • YARDAGE
• GIFT CERTIFICATES •

523 W 27TH ST. CHEYENNE, WY 82001 307-640-9235

October 6, 2025 Program - Diane Harris - Extraordinary Scrap Quilts



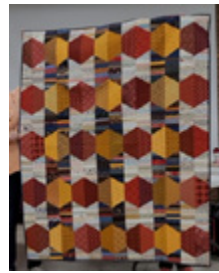
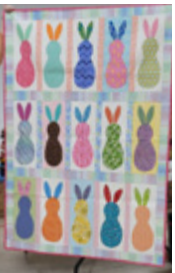
Diane Harris treated us to a great trunk show of quilts created out of SCRAPS. If you felt like her work was familiar to you, it probably was. For 11 years, Diane was an editor for Quiltmaker magazine where she wrote patterns, product reviews and how-to articles. Her quilt designs can still be seen regularly in the pages of Quiltmaker, McCall's Quilting and Quick Quilts.

She calls herself the "Stash Bandit" and has a blog with inspiring information. Sign up on her website and receive a Pineapple Pattern to get you started using lots of different fabrics in your own quilts. (stashbandit.net) Be sure to check out the links at the bottom her recently emailed handout.

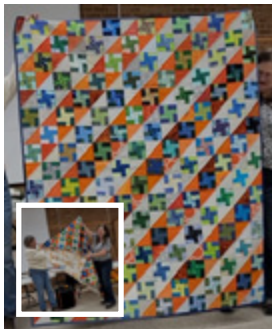
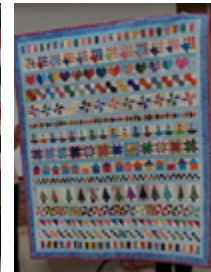
Diane told us that she loves scrappy quilts because they are more fun and interesting to look at and to make, not so repetitive.

She shared many tips with us Monday night. For example:

- Look for a way to bring some organization to your scrap quilts.
- Be willing to use the back of your fabric.



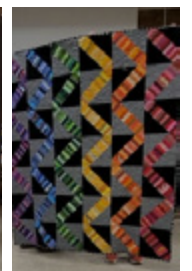
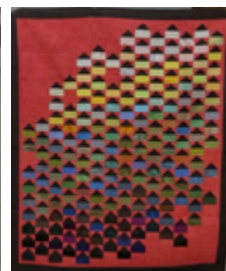
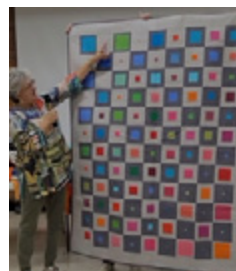
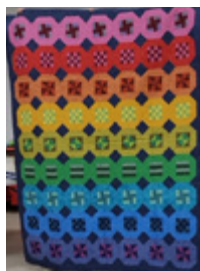
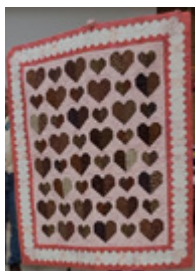
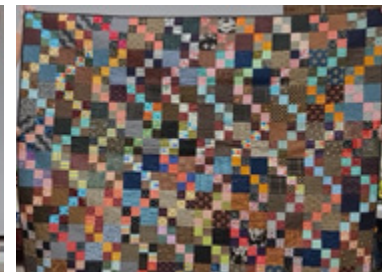
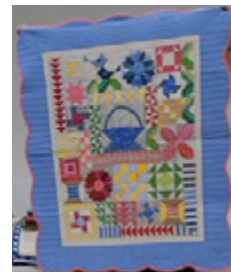
- Try a one color quilt to get started being scrappy as she did in her red quilt
- Lay the blocks out so the background creates a checkerboard or stripes.
- Step back from your quilt to see what is really happening with the design.
- Create organization in your scrap quilt by choosing colors that are similar (sisters) to each other. Navy blues, lime greens, etc.



- Organize your scraps in a way that supports the type of quilts you like to make
- Only press your scraps once - don't wad them up after cutting some off, so you have to iron them the next time you use it.
- And lots more!!

This was such a fun evening with lots and lots of great quilts and terrific information plus some good chuckles on the way.

Enjoy the partial selection and don't miss the fun backs Diane shared with us.



CHQ President 2026 - Cat Wissner - who am I?.

Hello members. I'm looking forward to being president next year and thank everyone who has stepped up to join the 2026 board. We still have a few opportunities to volunteer. Let me know if you are interested in being Secretary or New Member Chairman. And now some info about me.

As expected after high school, I went off to college where I got a Bachelor of Science degree in Horticulture from Colorado State University. A year later I went back for a Bachelor of Arts degree in Business Management from Denver Metro University.

Then some time in my 30's, I discovered quilting, wanted to learn how, but like most at that age, I didn't have the time, money or equipment. I did, know how to sew, my Mother taught me when I was in the 6th grade. We made a lot of dresses and some jackets. I still have a couple of those memento items.

However; I found myself hanging out with quilters and trying to understand their addiction to quilt shops. And their "will travel for fabric" motos. I found myself buying fabric along with them, for "future use". I had no idea what I was buying, other then it was pretty.

In 2019, I decided it was time to learn. After several hours of YouTube and a pocket reference guild, I cut my first material. I started to make table runners on a vintage Pfaff 130 and 222. My co-workers were the recipients of these interesting beginner's table runners. After a couple months of having my husband change bobbins

on these machines, he bought me a modern Juki sewing machine for quilting.

In 2023 with retirement in sight, I took quilting lessons at "Around-the-Block", the light bulb went on, it was my "oh" moment. My first real quilt was the class sampler, the second a Hunter's Star, I was off and running. I took long-arm lessons, and now I, want one.

I retired in June of 2023 after 21 years with the University of Wyoming, Laramie County Extension Horticulturist. During those 21 years, I developed and ran the Master Gardener program and graduated over 400 people to Master Gardener status. I developed and ran the Wyoming Bee College conference for 10 years. This conference attracted attendees from across the US and Canada. I ran numerous spring-gardening programs, I was a speaker at numerous horticulture events. I partnered with local, state and federal agencies on agriculture, horticulture and prairie management issues. I wrote numerous brochures and articles to help people better care for their property. My last hurrah with the Extension Office was partnering with the County Weed and Pest. We sent out a 20 page booklet on how to manage the prairie (please do not mow it) to 10,000 Laramie County residents.

I'm still active with the Laramie County Master Gardeners, currently i'm the chairperson for the tree and shrub committee and a member of the PR

committee.

My husband and I have lived in Carpenter for 26 years, where I raise a dual purpose wool sheep. I have visions of taking some wool to be made into quilt batts. I have a herd of Dexter Cattle. I've had large, almost commercial level, vegetable gardens (5,000+ sq ft) and greenhouses. Now I'm down to a two person size garden, because I just really want to quilt.

Please reach out to me if you have any questions, concerns or suggestions you all are my steering committee. Hope this helps and I look forward to being your president for the next two years.



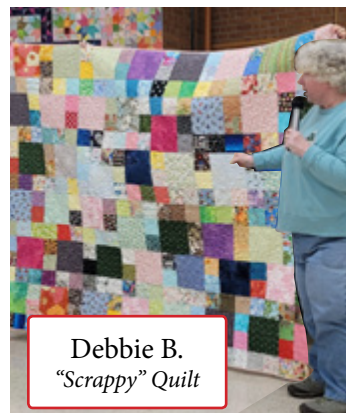
Cat Wissner's projects from Quilt Wyoming 2025.



Show & Tell-
October 6, 2025



Debbie B.
"Friendship" Quilt



Debbie B.
"Scrappy" Quilt



Debbie B.
"Mystery" Quilt

Show & Tell-

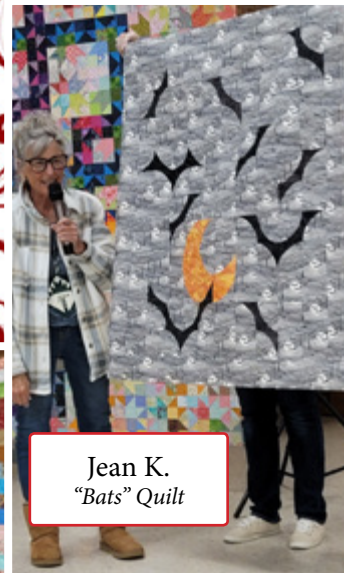
October 6, 2025



Brittany H.
"Pheasants Panel"
Quilt



Donna D.
"Community" Quilt



Jean K.
"Bats" Quilt



Sylvia G.
"Comfort" Quilt



Sharon W.
"Wonky Log Cabin"
Quilt



Linda B.
"9 Sisters" Quilt



Gale D.
"Cats" Quilt

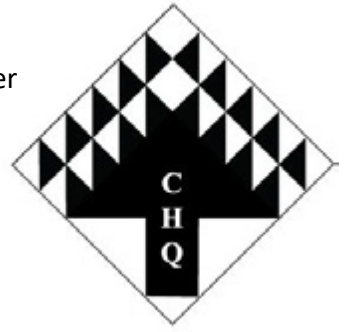
CHEYENNE HERITAGE QUILTER REGISTRATION FORM

Year _____

Please fill out and submit with \$30.00 to:

Cheyenne Heritage Quilters; P.O. Box 21194; Cheyenne, WY 82003; Attn: Treasurer

Your membership is valid from January through December



Please fill out the entire form, even if there were no changes from last year.

Renewal Membership ☐ New Member ☐

Please Print

Name _____

Mailing Address _____

Cell Phone _____ Landline _____

Email _____

_____ Office Use _____

Amount Paid: _____ Cash _____ Check number: _____

Updated 8-10-2024

General Club Information

Guest Policy

Please invite friends to attend meetings. All skill levels and non-quilters are welcome. Non-members may attend two meetings at no charge.* After attending two free meetings, the non-member must pay \$2.00 per meeting.

**If we have a paid speaker, the non-member must pay \$5, but this meeting will not count as one of their free meetings.*

Articles & Advertisements for Newsletter

Ads and articles must be quilt, craft or sewing related. They must be "copy" ready. The newsletter editor is not responsible for typing your information. Ad size is 3.5" wide x 4.5" tall. Articles for the Newsletter can be e-mailed to quiltingfriends307@yahoo.com no later than the 3rd Wednesday of each month.

Cell Phones

We ask that cell phones be silent or off, and that emergency conversations be held out of the room.

Show & Tell Guidelines

Show one or more projects. Please share information regarding each piece.

Meeting Location & Schedule

We meet at the First United Methodist Church, 108 E. 18th St. in Cheyenne, Wyoming, on the first Monday of most months starting at 7 p.m. Please view the newsletter for exact meeting dates and programs as we sometimes change meeting dates to avoid holidays. During the meetings you will have access to our library.

Doors open at 6:30 p.m. Please feel free to come early and help set up or to socialize.

How to Reach Us

Website: chquilters.org

Facebook: <https://www.facebook.com/groups/151036836442851>

E-mail: info@chquilters.org

Address: CHEYENNE HERITAGE QUILTERS
PO BOX 21194
CHEYENNE, WY 82003