

# Cheyenne Heritage Quilters Patchwork Update

## November 2024

*Dedicated to encouraging and broadening quilter creativity, sharing quilting knowledge, exhibiting quilting accomplishments and contributing to the community.*

Visit us online at [chquilters.org](http://chquilters.org) or on Facebook: [Cheyenne Heritage Quilters](#)

### *President's Message - Diana Clark*

And so it starts! The months and months and months of cold and wind.

I have learned that "Wyoming is basically the handsome middle child of the West – not quite as fierce and cold as its older brother Montana, or as awkward as Idaho, and somewhat ignorant of the fact that it's even

tangentially related to the Dakotas" by Thrillist Travel Nov. 30,2023

Wyoming ranks 17th as the state with the worst winters. I guess that means more time for quilting! I hope everyone will have time for quilting in November and December so we can see some beautiful quilts in January.

If you're working on your UFOs for the Round Tuits – how have you done? I still haven't finished anything.

Have a very happy November and a lovely holiday season the year.



*Our lives are like quilts – bits and pieces, joy and sorrow, stitched with love.*



### *November 4 Program - Dawn Carver - Works of Heart*

Dawn calls Laramie home, and started sewing at the age of eight with her mother who was the 4-H leader. She spent many years improving her skills, stressing over her 4-H record book, and many hours with her seam ripper, Jack.

Thanks to her 4-H leader/mom, she grew to appreciate taking pride in her work and producing a high-quality product. To this day, she strives to create a quality product, takes time to enjoy the process, and still spends some time with Jack, which her long-arm quilter appreciates.

For the next 25 or so years, her focus was clothing, small crafts, and Halloween costumes. Once her kids grew up, there was

no more need for costumes or clothes, so her mom introduced her to quilting and she has been hooked ever since. Dawn enjoys piecing quilts by machine, English Paper Piecing by hand, and the occasional foundation paper piecing.

She is a life-long learner and continues to take classes, learn new techniques, and continually improve her skills. She also enjoys sharing her love with others by teaching classes at our local quilt shop. She has taught anything from beginning piecing, kid's classes, various small projects, and of course, the t-shirt quilt class.

Dawn has often said that quilting is cheaper than therapy however, in reality, it probably isn't, but it sure does the trick. She likes to lose herself in a project for hours and loves having the ability to create a one-of-a-kind product. It is even more fulfilling if she is making a memory quilt for a lost loved one or to honor a special occasion.

There is nothing better than giving a handmade gift made with love. Dawn's motto is "When I make with my hands, I give of my heart."

## 2024 CHQ Board Members

<b>President:</b>	<i>Diana Clark</i>
<b>VP/Programs:</b>	<i>Gwen Harris</i>
<b>Secretary:</b>	<i>Kathy Holt</i>
<b>Treasurer:</b>	<i>Marci Rulon</i>
<b>Community Awareness:</b>	<i>Diane Beffert</i>
<b>Community Quilts:</b>	<i>Donna Dolan, Laraine Hutchison</i>
<b>Facebook:</b>	<i>Di Wilsey Geer, Cindi Young</i>
<b>Greeter:</b>	<i>Sharon Waring</i>
<b>Hospitality:</b>	<i>Robin Dempsey</i>
<b>Librarian:</b>	<i>Linda Stearns</i>
<b>New Members:</b>	<i>Helen Jarvis</i>
<b>Newsletter:</b>	<i>Judy Gilmore</i>
<b>Opportunity Quilt:</b>	<i>Cathy James</i>
<b>Round Tuit:</b>	<i>Carole Gardner</i>
<b>Web Page:</b>	<i>Judy Gilmore</i>

**BERNINA** AUTHORIZED DEALER!  
*made to create*

**JANOME**  
AUTHORIZED DEALER



**SEWING CLASSES!! QUALITY FABRIC!**  
Sewing Machines, Longarms, Quilting, Embroidery, & Sergers

**We Repair ALL Brands**

**Sewing Center**  
of Cheyenne

www.SewCenterWY.com

Mon-Fri 9-5  
Sat 10-4:30

1511 Logan Ave.  
307-778-2717



### CHQ Retreat - Cindi Young



Cheyenne Heritage Quilters would like to invite you to their

#### Beat the Winter Blues Retreat

Thursday January 9, 2025, 8:00 am – 8:30 pm  
Friday January 10, 2025, 8:00 am – 8:30 pm  
Saturday January 11, 2025, 8:00 am – 5:00 pm

The cost of the retreat is \$100.00 per CHQ Member – cost includes your very own 6-foot table at the LCCC Union Pacific Room along with 5 meals in the cafeteria. (Thursday Lunch & Dinner, Friday Lunch & Dinner, Saturday Brunch). Registration opens for current CHQ Members November 1, 2024.

Out of Town attendees need to book their own accommodations for the nights. This is a UFO Retreat, no class. Bring your unfinished projects or start a new one.

Registration is open for current CHQ Members only. I will also be checking membership at the beginning of January, so do not forget to renew your 2025 membership dues prior to retreat dates.

Registration forms will be emailed November 1. You can bring your form and payment to the November and/or December meeting. Or you can mail them to me. My address is on the registration form. If you have any questions, please reach out to me:

Cindi Young at [Cindiyoung69@gmail.com](mailto:Cindiyoung69@gmail.com) (preferred), or Text me at 970-631-7814

### Announcement from the Social Committee

Robin Dempsey



Plan to join in on the fun Monday, December 2, as CHQ celebrates the season with (hopefully) the best baked potato bar you've ever experienced! Fun, food, and friendship will be the order of the night. If you would like to participate in this year's gift exchange, bring one of your favorite fat quarters!

Also, if you haven't signed up on the RSVP list, please do let me know you will be attending. This is necessary for the food as well as some of the fun ;)! I will need a final head count by the week of November 18.

*Join in the fun!*

# 2024/2025 Programs

Gwen Harris, Vice-President, Programs Chairman

November 4, 2024	<b>Dawn Carver</b> - Works of Heart	Guest fee \$5
November 17, 2024	<b>Board Meeting</b>	
December 2, 2024	<b>Christmas Party</b> hosted by the Hospitality Committee	
January 6, 2025	<b>Robbin Flockhart</b> – Sew Farm Quilter – Curved Piecing	
February 3, 2025	Diana Clark, Bonnie Ross, and Sharon Waring – Poly Rope Baskets	
March 10, 2025	<b>2nd Monday of the month</b> – How do I design/start a fabulous quilt? 15 minute discussions by Angela McPherson, Esther Trevino-Neasloney, JoEllen Mass, and Mari Harpold	
April 14, 2025	<b>2nd Monday of the month</b> – Scott Flanagan – Positively Pre-cuts - guest fee \$5	

Meeting starts at 7 p.m. Doors open at 6:30 p.m.  
Feel free to let Gwen know if you have suggestions for programs.

## Small Groups

### Afternoon Quilters

Debbie Baldwin  
Meets every Tuesday at the Library  
Starts at 9:00 a.m.

### Community Quilts

Donna Dolan  
Meets second Wednesday of the month at the Library. Starts at 10:00 or 11 a.m. depending on room.

### Quilting Cowpokes Quilts of Valor (QOV) Group

Marilyn Lanham  
Meets first Tuesday of month at Our Savior Lutheran Church on East Dell Range.  
Bring a carry in lunch to share if you want.  
9:00 a.m. - 3:00 p.m.

### Paper Piecers

Robin Dempsey  
Meets at the Library. See article for upcoming dates.

## Attention Paper Piecers - Robin Dempsey

We have two more sewing days in the year and then we will begin again in February 2025. We are taking January off to recoup from the busy holiday season. We are switching our sewing days from the fourth Friday of the

month to the first Friday of the month. Plan to join us with your paper piecing projects on Friday, November 8, and Friday, December 6, in the Willow Room at the Library. We will be sewing from 10:00 - 3:00 those days.



## November & December

**Bison Wall Hanging Parts I & II,**  
Nov. 2, 1-5 and Nov 9, 1-5

**Krista Moser Christmas Tree Skirt**  
Sat., Nov. 23, 10:30-4

**After Thanksgiving Sale** Nov. 29 & 30  
**Machine Binding with your BSR**  
Sat., Dec. 7, 1-4

**Storm at Sea** Sat., Dec. 14 and 21, 1-4

Hours: M-S 10-5:30, closed Sundays for winter

453 Vandehei Avenue

Suite 120

307-433-9555

See [aroundtheblockquilts.com](http://aroundtheblockquilts.com)  
for full schedule



**LONE TREE**  
- FABRIC -



KITS

NOTIONS

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**GIFT CERTIFICATES**



TUESDAY-FRIDAY 10-4 SATURDAY 10-2  
523 W 27TH ST CHEYENNE, WY 82001  
307-640-9235 [WWW.LONETREEFABRIC.COM](http://WWW.LONETREEFABRIC.COM)

OLFA

## New Member's Corner - Helen Jarvis

We have a new member to CHQ. Please welcome Joyce Baker.

FYI: As a quilting social, service entity, we have been blessed with talented, creative and knowledgeable members. To our newest members, please don't hesitate to ask me or any member about our organization. With that being said, please ask too, if you need help with ideas, quilting techniques, patterns or quilting basics. We're here

for you. CHQ is always looking for new ideas, suggestions for programs and workshops. There will be news forthcoming about our 2025 Quilt show. We will need volunteers for a variety of committees, so please watch for the sign-up sheets at our future meetings.



If you are a new member and haven't received a packet with instructions for how to make your nametag, please let someone at the front desk know.



### Library - Linda Stearns

Check out the CHQ library before you leave.

### OPPORTUNITY QUILT -

Cathy James

The Drawing for the Opportunity Quilt will be at the December 2, 2024, meeting so all ticket stubs and money should be given to Cathy James or Kathy Holt prior to that meeting.

If you need to mail your stubs and money, you can send them to:

CHEYENNE HERITAGE QUILTERS  
PO BOX 21194  
Cheyenne, WY 82003-7023

### Treasurer - Marci Rulon

It is time once again to pay your annual dues to the guild. Dues for 2025 are \$30 for the entire year. Collection of dues will be conducted at the registration table with preprinted forms available for review of information on each renewing member. As always, you may mail your dues to the Treasurer at:

CHEYENNE HERITAGE QUILTERS  
PO BOX 21194  
CHEYENNE, WY 82003

### Pay Dues Now



Click on  
Picture to  
go to site



**My supply order goes in on the 1<sup>st</sup> and 15<sup>th</sup>** if you would like to place an order for supplies. I do have sewing needles and thread in stock.

Call or Text 308-641-8638 leave a message I will return your calls at lunch time or after 4:30 pm . I am sure you all get Spam calls. If your in my phone I will answer otherwise leave a message please.

Individual one on one workshop for those who are learning to sew. Also those who would like to make their first quilt. Give me a call and we will get you started. Feel free to text me at 308-641-8638.

Since this is the last newsletter for 2024, I would like to take this time to say thank you to those customers who honored me with quilting their quilts. I wish all of you and your families a Happy Thanksgiving and a Very Merry Christmas from my home to yours.

**Along other lines,** Coffee Cups, Pin Cushions, Dish Towels, etc.. Official UW products for sale Remember to leave voice message or text with your name and number

Have a great month and thanks to all my quilting buddies for their patience as get things back to normal.

### 3rd Quarter Treasurer's Report 2024: Marci Rulon CHQ Actual Income & Expense to Budget 2024

	1st Half Total		3rd Qtr. Total
Checkbook Bal Dec. 2023	\$9,456.73	Checkbook Bal Jun 2024	\$8,118.63
Total Income +	\$2,835.00	Total Income +	\$1,834.00
Total Expense -	\$4,173.10	Total Expense -	\$1,547.41
Net Income	-\$1,338.10	Total Income	\$ 286.59
Checkbook Bal Jun 2024	\$8,118.63	Checkbook Bal Sep 2024	\$8,405.22
<b>2024 Budget</b>			
Total Income +	\$5,250.00		
Total Expense -	\$8,835.00		
Net Income	-\$3,585.00		



## Community Quilts

- Donna Dolan

Having Habitat for Humanity completed, we're again focusing on senior lap quilts. We are always grateful for all the children's & twin quilts we get. They are requested throughout the year.

We just gave VA women's area several baby blankets and quilts.

Thanks to all who are contributing in any way.

Your hard work is appreciated!.

### Community Quilts Sizes

Baby: 42" by any size  
Lap/Youth: 45" or more by anything but less than twin  
Adult lap quilts: 56" x 76"  
Twin: 63" by 87"



## October 7 Program - Lea McComas - Pictorial Quilt Primer



Lea McComas joined us and shared information about creating art quilts. Her art quilts have been seen in many publications such as Quilting Arts

Magazine, Modern Quilting Unlimited and on TV on The Quilt Show with Alex Anderson and Ricky Tims. If you've attended a "Big Quilt Show," you have probably seen her work.

I took some notes about the techniques Lea shared. Hopefully these will help you if you decide to take your quilting (or drawing) in a new direction.

Terms to google that were mentioned in Lea's presentation:

- **Focal Point:** Be sure to have one.
- **Clarity of photo:** You want to start with a photo that has high resolution.
- **Value:** Good photos have all three main values - some very light, some mediums, and some very darks. Use smart phone grayscale filters to see values better.
- **Contrast:** Light & Dark, Warm & Cool Colors, Size of objects, types of prints, etc.
- **Notan:** Japanese term meaning light/dark harmony. Posterizing on smart phone can create notans. An interesting play of light and dark.
- **Types of line:** Horizontal is relaxing, Vertical is sturdy, Diagonals and zig zags are dynamic, Curving lines show fluid energy and so on.
- **Create dominance in piece:** Use more of one color, fabric, etc.
- **The Golden Ratio or proportion or Fibonacci Sequence:** Starts with the number 1 and repeats it. Every number after that is the total of the last two numbers. 1, 1, 2, 3, 5, 8 and so on
- **Create depth in piece:** Use contrast of value (tints recede & shades come forward), size & scale of object, detail (smaller shapes or less detail recedes, more comes to the forward), etc.

Learn more at [leamccomas.com](http://leamccomas.com)

## Round Tuit - Carole Gardner

Those of you who are participating in the Round Tuit activity, the December meeting will be the final Show and Tell opportunity for your quilts, so bring yours then. And, have a report for me as to what you have done through the year. There will be some prizes. I know, I know, I have been very neglectful of this activity. I do hope you all have done better than I.

Questions, Call Carole Gardner

Let's have some fun.



Happy Thanksgiving and Merry Christmas to you and yours.

# Show and Tell

October 7, 2024



Mary Ellen L.  
Halloween Wall Hanging



Keith B.  
Quilt



Linda B.  
Applique Class Quilt



Angela M.  
Halloween Quilt



Carol C.  
Christmas Gnomes Quilt



Gwen H.  
Community Quilt



Shirley C.  
Mystery Quilt



Bevverly P.  
Blue Yellow Quilt



Deb O.  
Harry Potter Quilt



Bevverly P.  
Community Quilt

## Show and Tell

October 7, 2024



Sandy H.  
Pumpkin Table Runner



### Group project donation to the library for the Book Lovers Bash.

It was a team effort. Tina Wilcox traced the quilt design. Karen Dvorak (a non-guild member) made the flying geese sections. Maureen Ray, Dawn Wagner, Kate Schaumann and Diane Beffert made the additional quilt blocks. Debbie Baldwin appliquéd the buffalo body, constructed and longarmed the quilt. Deb O'Grady sewed down the binding.



Mari H.  
Star Table Runner Quilt

# CHEYENNE HERITAGE QUILTER REGISTRATION FORM

Year \_\_\_\_\_

Please fill out and submit with \$30.00 to:

Cheyenne Heritage Quilters; P.O. Box 21194; Cheyenne, WY 82003; Attn: Treasurer

Your membership is valid from January through December



*Please fill out the entire form, even if there were no changes from last year.*

Renewal Membership  New Member

## Please Print

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

Cell Phone \_\_\_\_\_ Landline \_\_\_\_\_

Email \_\_\_\_\_

\_\_\_\_\_ Office Use \_\_\_\_\_

Amount Paid: \_\_\_\_\_ Cash \_\_\_\_\_ Check number: \_\_\_\_\_

Updated 8-10-2024

## General Club Information

### Guest Policy

Please invite friends to attend meetings. All skill levels and non-quilters are welcome. Non-members may attend two meetings at no charge.\* After attending two free meetings, the non-member must pay \$2.00 per meeting.

*\*If we have a paid speaker, the non-member must pay \$5, but this meeting will not count as one of their free meetings.*

### Articles & Advertisements for Newsletter

Ads and articles must be quilt, craft or sewing related. They must be "copy" ready. The newsletter editor is not responsible for typing your information. Ad size is 3.5" wide x 4.5" tall. Articles for the Newsletter can be e-mailed to [quiltingfriends307@yahoo.com](mailto:quiltingfriends307@yahoo.com) no later than the 3rd Wednesday of each month.

### Cell Phones

We ask that cell phones be silent or off, and that emergency conversations be held out of the room.

### Show & Tell Guidelines

Show one or more projects. Please share information regarding each piece.

### Meeting Location & Schedule

We meet at the First United Methodist Church, 108 E. 18th St. in Cheyenne, Wyoming, on the first Monday of most months starting at 7 p.m. Please view the newsletter for exact meeting dates and programs as we sometimes change meeting dates to avoid holidays. During the meetings you will have access to our library.

Doors open at 6:30 p.m. Please feel free to come early and help set up or to socialize.

### How to Reach Us

**Website:** [chquilters.org](http://chquilters.org)

**Facebook:** <https://www.facebook.com/groups/151036836442851>

**E-mail:** [info@chquilters.org](mailto:info@chquilters.org)

**Address:** CHEYENNE HERITAGE QUILTERS  
PO BOX 21194  
CHEYENNE, WY 82003