

Cheyenne Heritage Quilters

Patchwork Update





Dedicated to encouraging and broadening quilter's creativity, sharing quilting knowledge, exhibiting quilting accomplishments and contributing to the community.

Dear Members,

Hopefully, we will finally be able to enjoy a little normalcy! We will be having meetings the first Monday of each month at the Methodist Church at 7:00 pm. Monday, February 1st, will be our next meeting. We will have a general catch up meeting with show and tell, refreshments and a general gab session. We feel like we all need it. Debbie will soon be getting a list of programs ready for us. Di will be doing Round Tuits which is a great motivator to get more projects done. I for one, have a pile of half-finished ones! Community Quilts are working and have kits for us all to complete. Cynthia still needs help with the Quilt Show. Membership is due. It is \$20 for the year. Don't forget the Block of the Month! Bring your completed friendship blocks so we can draw the winner!

Dates to remember:

Feb. 1 Meeting 7:00 p.m. at the church. The program will be Show-n-Tell and refreshments

Feb. 15 Board Meeting (please notice the change to the 3rd Monday) 7:00 p.m. at the church

Not much scheduled at this time. The mandates have been relaxed by the State but precautions will still be in effect. Please, wear a mask, social distancing will be in effect, and if you do not feel well, don't come!

Hope to see you Feb. 1st!

Deb O'Grady Past and Present President

2021 CHQ Board Members

President: Deb O'Grady

Vice Pres: Debbie Baldwin

Secretary: Mary Ellen Little

Treasurer: Donna Dolan

Quilt Show Chair: Cynthia Helmer

Greeter: Sue Capozella

New Members: Helen Jarvis

Librarian: Joyce Holub

Programs: Debbie Baldwin

Newsletter: Angela McPherson

Di Wilsey Geer

Photographer: Di Wilsey Geer

Webmistress: Judy Gilmore

Facebook: Angela McPherson

Di Wilsey Geer

Round Tuit: Di Wilsey Geer

Community Quilts: CHQ Members

- Quilter/Coordinator: Donna Dolan - Distribution: Char Nolan



Quilter's News/Updates



August 2021 Quilt Show

Thursday, Aug. 12, 3pm - 7pm Friday, Aug. 13, 10am - 6pm and Saturday, Aug. 14, 10am - 4pm

Cynthia Helmer is requesting the following positions to be filled to assist with the August Quilt Show:



Challenge Quilt Advertising Judging Boutique Vendors Quilt mom



Message from Round Tuit Coordinator

(Di Wilsey Geer)

We all have them! Yes, you, you, and you. Oh, and me, I could be the queen or at least a princess-in-waiting, with the number of unfinished quilting projects I have stashed away like a feral squirrel filling his larder for our harsh Wyoming winters. Unless, of course, you took that time in 2020 during Covid-19 quarantine to efficiently finish them all-NOT!

On behalf of the CHQG board, we encourage you to complete the form provided here listing as many projects you'd like to attempt to finish this year. Hey, your goal could be just one quilt!

CONTINUED ON PAGE 5

Club Calendar Reminders

February 1, 2021 - Club Meeting February 15, 2021 - Board Meeting August 12-14, 2021 - Quilt Show

Please note that all safety guidelines will be followed during our meeting, social distancing and wearing masks. Also, watch your e-mails and our Facebook page for updates on meetings.

Facebook: Chevenne Heritage Quilters



Community Quilts



Congratulations to everyone involved with Community Quilts in 2020. It was an incredibly successful year!

Quilts received for distribution—173

Ouilts distributed—140

These numbers include flannel and fleece infant blankets as well as the quilts.

Recipients of quilts & blankets in 2020:

COMEA

Salvation Army

Hazen Family

Family Promise

Habitat for Humanity

Alzheimer's Association

VA Womens' Clinic

Cheyenne Animal Shelter

Goodwill Industries

Safe Harbor



Community Quilts Accepted Sizes

Baby: 42 by any size Lap/Youth: 45 or more by anything but less

than twin

Twin: 63 by 87 Double: 78 by 87 Queen: 84 by 92 King: 100 by 92

Donna D., on behalf of CHQ, had received many thank you notes during the year. She recently received one from Family Promise that expressed the gratitude their families, "The warmth they feel is the warmth of a community that has faith in them."

JANUARY 2021

Quilts and blankets have been delivered to Needs Inc Food Pantry this month. The priority of Needs is food security for Laramie County residents. They provide food and basic necessities of life (including our quilts) for those in need. Needs also operates a thrift store. They are very grateful of our gift of quilts.

Thank You to everyone working on these quilts. You are appreciated!

Char Nolan, Quilt Distribution



Donna Dolan has kits ready on her porch.

Community Quilts is a whole membership job. Since we are not meeting regularly, we're making it easy for you to get kits to help complete.

Donna D has lots on her porch for you to pick up. From right in wagon are baby, youth, & a special kit for a quilt as you go with black strips ready cut included. Sew by machine or by machine & hand. Blocks are made! Then a red tub full of twin size kits and a bag of kits for strippy quilts ready for you to choose your favorite color ()! There are 2 quilts ready to quilt behind tub & 1 quilt in front ready to bind. Binding goes quickly!

If you want to piece your top from your own fabric, you may leave it here or call Donna to have back & batt cut to order if you will quilt it yourself.

Char can give away all quilts we make! You are thanked in advance for your work! THANK YOU!





Community Quilts





Left: Three twin quilts were finished in December 2020. At least six people contributed to them.

Right:

These baby quilts and receiving blankets were completed in December 2020.

Char gives these to several agencies such as VA baby baskets. All donations are gratefully received and often thanks are sent.





Above: Linda B. made another twin quilt and quilted it for the Community Quilts. She said she had extra blocks and though she would try a new setting. WOW!!! Thank you for your donation. Someone will be warm and loved beneath it. – Donna D.



Above: Community Quilts gave this family quilts for each member for their new home. This was the Thank You card they gave us.



CONTINUED FROM PAGE 2: Complete the first two columns on the list (name or description, date started, if known, or an approximate), then submit that to me via email (quiltntherapy@gmail.com), in person, or by mail (5606 Dayton Drive Cheyenne WY 82009). You'll want to keep your own list of what you submitted for any note taking (such as, don't ever try this technique again or hey, I should teach this at one of our Saturday events) and to log the date finished.

Now, don't put off completing and submitting this form like you've done so with those projects! I'm mixing things up this year to encourage you to finish projects and make things fun!! There may be monthly prizes, a prize if your finished project is a certain color, a prize if you are the first to submit your Round Tuit list, a prize if you Show and Tell your finished quilt and mention it during your presentation. Oh, then we'll have a grand prize come spring of 2022. I'm looking forward to announcing the 2021 winner soon. Did I mention that there will be prizes! Now, that should be an incentive! Get-R-Done quilters. — Di Wilsey Geer





















Cheyenne Heritage Quilters Member's Round Tuit Log 2021

Quilter's Name:

Quilt/Project Name	Date Started	Notes/Comments	Date Finished



Virtual Show and Tell





Left: Donna D.'s granddaughter Karleigh, age 14, visited her for a weekend and mentioned that she would like to make a quilt for a friend. She chose fabric from Donna's stash and a pattern from one of her books. Donna cut the strips while Karleigh sewed them. Karleigh finally told Donna that they should go to bed before midnight! By the time Donna got home from church on Sunday her granddaughter had all the strips sewn. Donna helped by cutting the blocks and sewed them before Karleigh had to go home. (Her granddaughter gets up at 5 a.m. to catch the school bus!). Donna added the borders her granddaughter had chosen and told Donna she could do the quilting, even though Karleigh has quilted in the past. Donna had such a fun weekend.





Above: Linda Brunner's show and tell this month is the Garlic Knot and the Alaska Rainbow. The Garlic Knot on the left was a fun and easy block to make and she has made it a few times. This design was a little harder because of the pieced sashing. The Alaska Rainbow on the right still needs to be quilted and she hasn't decided what designs to quilt in it.



Virtual Show and Tell





Left: Barb G. shows us her latest quilt called "Welcome Back to Wyoming". It measured 26" x 32". It was made for her friend who moved back to Cheyenne last Fall.

Below: Di wanted to share her fractured quilt in reply to Sue Frerich's request in the January newsletter. "Mine was an unplanned project completed at a quilt retreat held at the former Pinewood Cottage Quilt Shop in Story, WY. A group of quilter were making this project and allowed me to join in at the last minute. That's the beauty of retreats held at or near quilt shops! My top three tips in making a fractured quilt are 1) Precise Cutting 2) Label, Label, Label those strips, and 3) Press those seams open. Even if they are only 1/8 of an inch. I had no pattern to follow, only the verbal directions of one of the attendees. Thus, afterward, I did purchase the book titled Fabulous Fractures by Brenda Esslinger, which is a great resource. I used an extra panel as my backing, so one could simply lift the hanging quilt to see what the original / pre-fractured fabric looked like, as seen in the second photo." Thank you Di!







CHQ Block of the Month



This year we have 12 blocks we can work on to create our CHQ 2021 BOM quilt using different methods. Some blocks will have recommendations for cutting and/or piecing, or provided paper piecing options, while templates will always be given. Directions and templates were e-mailed to our members and put on our new Facebook group page (Cheyenne Heritage Quilters) which can be found in the files. However, if you do not like a block or want more of a challenge just slip in another 9 inch finished block (9 1/2 inch unfinished block) and show it off!!!

Putting this quilt together for the guild has been challenging but fun and I hope everyone can have fun with Debbie and me while we complete the CHQ 2021 BOM.

Last month's block, Road to Oklahoma,



Road to Oklahoma (Jan BOM)



Helen J. completed her Jan BOM and said it was fun.



CHQ 2021 BOM with different option for borders

Directions can be found on Facebook: Cheyenne Heritage Quilters



Above: Debbie B. completed her Jan BOM



Above: Jeanette H. shared her BOM

COMING UP: February's BOM Goose in the Pond recommended to paper piece. (Right)





Southeast Regional Spring 2021 Retreat

Begins 8:00 am Friday March 5th going through 4:00 pm Sunday March 7th \$55.00 per WSQG Member – cost includes individual sewing station with 6 foot table along with 5 meals in the cafeteria. (Friday Lunch & Dinner, Saturday Lunch & Dinner, and Sunday Brunch). If you have special dietary needs please contact Linda Herget at (307-221-3114). If you are not a Wyoming State Quilt Guild member, your fee is an additional \$20.00.

This is a Wyoming State Quilt Guild sanctioned event located at LCCC, CCI Building, The Union Pacific Rooms 129 & 130) Parking is available in LOT L.

Masks will be mandatory when social distancing is not possible and there will be no sharing of food allowed as per college rules

ALL LCCC COVID-19 information can be found at: http://lccc.ey.edu/virusinformation.aspx

We will be offering 2 classes during this retreat. Each class can be taken individually for the price listed or you can take both for the discounted price of \$25.00;

- 1. Friday March 5, 2021 (9am-5pm); Double Vision, Class Fee \$15.00 This is a technique class, no pattern or ruler needed!
- 2. Saturday March 6, 2021 (9am-5pm); Fat Quarter Strip Ease, Class Fee \$15.00 This is a technique class, no pattern or ruler needed!



Day 1 Sample



Day 1 Sample



Day 2 Sample

Secure your spot by sending check (payable to Linda Herget) to:

Linda Herget 129 Stanfield Ave. Cheyenne, WY 82007



If you prefer electronic payment, Linda has Venmo, PayPal and Zelle accounts. If you have any questions, please contact Linda Herget at (307-221-3114, 307-778-1278, or <u>lherget@lcccwy.edu</u>).

We will need a registration form for each person attending. This can be sent in mail with your check or electronically through email if your payment is coming electronically.

Southeast Regional Spring 2021 Retreat Form

Registration Form:

Name	Amount on Check				
Email	Phone No				
Taking Class Friday:Yes	No				
Taking Class Saturday:Ye	sNo				
Taking Class both Friday and Saturda	y:No				
(please list email above for coming supply list. If you do not have an email address but would					
like to attend either or both classes, please call Frances Tormey at (307-631-5085)					

NO REFUNDS WILL BE GIVEN AFTER FEBRUARY 25, 2021





















Quilt Retreat Packing Checklist

By Di Wilsey Geer



Yes, someday in a faraway galaxy (ok, hopefully soon in 2021!) we will return to our full capacity attendance quilt retreats! When that happens, let's be ready with our handy retreat packing checklist. A few blanks have been left for you to add your own items/notes.

The top two tips on attending a retreat are A)
Be well rested with a positive attitude. Retreats tend to be high energy
with a great deal of communication and the knowledge sharing seams
never ending. Friendships are forged; you want to be the best you! B)
Go prepared. Have your fabric cut and in project bags or boxes along
with patterns, threads, rulers, etc. Overpack on projects, you never
know when, for whatever reason, you want to change it up and move
on to a different project.



Quilt Retreat Packing Checklist



☐ Project or Projects, fabric cut /	☐ Spray bottle for water	☐ Supply List and materials / if
sew ready	☐ Starch spray/sizing/Best Press	Class Scheduled
☐ Project	☐ Rotary Cutter	☐ Glasses / Readers / Sun
Pattern(s)/books/instructions	☐ Spare Blades	□ Pen and Paper/Notebook
☐ Sewing machine (in good	☐ Safe container for rotary blade	☐ Graph Papers / Markers /
working order)	disposal	Colored Pencils / Sticky Notes
☐ Clean (and oil if applicable)	☐ Cutting mat (ensure not to leave	☐ Hand Lotion
☐ Manual	in a warm/hot car to prevent	□ Lip balm
☐ Foot pedal	warping)	☐ Facial tissue
☐ Power Cord	☐ Ruler(s) (specially is unique to	☐ Camera and charger
☐ Machine's Tool Cady (small	planned project) / templates	☐ Phone and charger
screwdriver, extra feet, ie.	☐ Marking pens/pencils	☐ Nail File
walking, lint brush, etc.)	☐ Measuring tape	☐ Meds/Prescriptions
Bobbins	☐ Seam gauge	☐ Pain killers such as Ibuprofen
☐ Pre wound for retreat project(s)	□ Duck and/or Masking tape	☐ Band-aids
☐ Spare empties	☐ Scotch tape	☐ Water bottle – refillable
☐ Needles (ensure correct type	☐ Glue (Basting or stick)	☐ Comfortable and layered
and size)	☐ Basting Spray and/or pins	clothing (temperatures
☐ Machine pad (to stabilize and	☐ Lighting	fluctuate)
reduce vibration)	☐ Magnifier	☐ Comfortable shoes and slippers
☐ Thread (for each project)☐ Thread holder	☐ Chair	☐ Hat/Coat/Gloves/Umbrella/Boots
☐ Thread catcher (I take an empty	☐ Chair pad/back support	(check the weather forecast)
mini facial tissue box)	☐ Leaders/Enders or scraps	☐ Snacks (Shareable if post-
□ Scissors	☐ Hand stitching project complete	Covid-19 allowed)
☐ Fabric	with needle and thread	☐ Meals / take or plan ahead if not
☐ Thread trimmers	☐ Tool Cady / Container	provided
□ Paper	☐ Batting	L
☐ Seam Ripper	☐ Backing	□
□ Stiletto	☐ Freezer paper	
□ Pins	☐ Interfacing	
☐ Pin Cushion/Holder	☐ Wonder Under / Steam a Seam	
☐ Iron (mini recommended; check	☐ Sewing Gloves	
with retreat /coordinator is a	☐ Closable plastic bags / various	
large one allowed)	sizes	
☐ Pressing mat		



CHQ Quilting Tips



Quick Quilting tips from the Newsletter Editor:



Virtual Color Wheel: When trying to learn the color wheel or training to create a color palette from an inspiration photo try using the Color Wheel from Adobe. https://color.adobe.com/create/color-wheel



Ripping seams out is no fun but necessary. So some creative ways to think about it is that you are doing a frog stitch... RIP IT RIP IT.

Another view is to think of yourself having a date with Jack the Ripper.

Okay maybe Jack the Ripper should be saved for Halloween.

If you use a rubber seam ripper try using the reverse end to pick up those stubborn threads that don't want to leave your fabric piece.

For more seam ripping tips please view the "10 Ways to Seam Rip" from Marci Baker with the pros and cons of the different methods (https://youtu.be/rHxKBvaa4GQ). What is your favorite Seam Ripping method?

Control your binding

By Angela McPherson



I went to Boise, ID for a quilt show before I moved to Cheyenne. At the quilt show I saw cute little "Binding Babies". But I didn't want to spend so much money on one "Binding Baby" when I always seem to buy multiples of any notion. So my husband took me to an antique store where I purchased some clothes pin hangers. Since then I have found them on Amazon which are called Honey-Can-Do Round

Wooden Clothespins. I just piece my binding together as normal, slip the binding in the slot of wood, and turn it until the binding is all wrapped around the clothes pin. Then I either keep the binding on the side of my machine or sometimes even on the floor. This prevents me from running my chair wheels over the binding, from the dogs sitting on it (me wondering why is there so much resistance), and if I have extra (I normally do because who has time to actually measure it and make the binding the length you actually need... okay maybe that's just me) then it's ready to be used for smaller items like wall quilts or mug rugs. How do you control your binding?



CHQ Quilting Tips



Continued

Let's continue with controlling your binding. I showed Di how I controlled my binding and then she showed me how she controlled hers. She rolls her binding on an empty spool of toilet paper. Then adds a piece of string and ties it so that she can put the string around her neck. The binding lays on her chest. Just pull the binding off as you need it.



Lost and Found

Right: This nice clasp bag of handwork was left behind after CHQ meeting months ago. Anyone claim it? It's on Donna D's front porch.

Call Donna if interested or knowledgeable.





Scraps Giveaway

Jo Ellen wanted to share that she has a friend who has two boxes of scrap fabric to give away. If you are interested, please give Jo Ellen Mass a call at 307-634-9402.



CHQ Quilting Fun



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LNHQM

F G C

CHQ February Word Search (mywordsearch.com)

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WORD LIST:

ADMIER	
ADORE	
AFFECTION	
BELOVED	
CANDY	
CARD	
CHERUB	
CHOCOLATE	
COURTSHIP	

CRAZY
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DEAR
DEVOTION
ENVELOPE
FEBRUARY
FLIRT
FLOWERS

FOURTEENTH FRIEND GIFT HEART HOLIDAY HUG KISS LOVE MOONSTRUCK PARTY
POEMS
ROMANCE
ROSES
SAINT VALENTINE
SWEETHEART
VALENTINE'S DAY

woo



CHQ Membership



2021



Please send your dues of \$20 and the membership form listed in the newsletter to CHQ, P O Box 21194, 82003. THANK YOU!

Donna Dolan, Treasurer



CHEYENNE HERITAGE QUILTER REGISTRATION FORM

Year

Please fill out and submit with \$20.00 to:

Cheyenne Heritage Quilters; P.O. Box 21194; Cheyenne, WY 82003; Attn: Treasurer Your membership is valid from <u>January through December</u>

Please fill out the entire form, even if there were no changes from last year.

H				
	Renewal Membership	New Member Q		
Please Print				
Name				
Mailing Address_				
Home Phone	Cell Phone _			
Email				
CHQ's monthly newsle	etter is online at chquilters.org. Check here if y	ou do not have access to the internet.		
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Amount Paid:	Cach	Check number:		



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February Events

Charm Quilt Exchange starting Jan. 30 Bumblebee Blossoms starting Jan. 23 Fractured Quilt Jan. 30 Block of the Month 1st Sat. in Feb.

We're doing houses! Oriana (Circles) Feb. 6 & 13 Bear Paw March 6 & 13

Plus knitting has started again. Embroidery club is going strong

Hours: M-S 10-5, Sundays Sun 1-5 453Vandehei Avenue Suite 120 307-433-9555

See aroundtheblockquilts.com for full schedule

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ADDED A NEW MACHINE TO GO ALONG WITH MY LONGARM QUILTING.

digitizing a puppy from a photo of her



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I will pickup and deliver within a 50 mile radius. Ship me a quilt and I will pay for the shipping back.

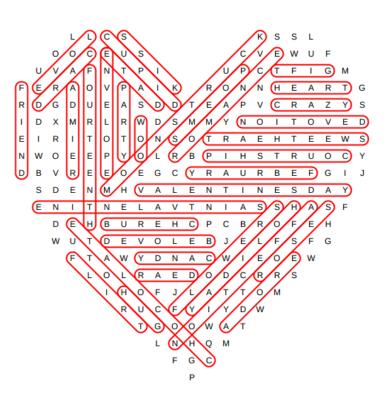
& Embrodery

Send me an email or text my phone 308-641-8638

Check out my Web Page.

Happy New Year to all my regular quilters and my new quilters. I love seeing what you made and so enjoyed quilting them for you. Hopefully, 2021 will be full of joy and new quilts. My deepest gratitude to you supporting all of us small businesses. Marcia

longarmofthewestcustomquilting.com



Guest Policy

Please invite your friends to attend our meetings. All skill levels and non-quilters are welcome. Non-members may attend two meetings for free unless we have a paid quest speaker, then guests are asked to pay a \$5 fee. On the third and subsequent meetings, the non-member must pay \$2 unless membership dues are paid.

Advertisements & Articles for Newsletter

Ads and articles must be quilt, craft or sewing related. They must be "copy" ready. The newsletter editor is not responsible for typing your information. Ad size is 3.5" wide x 4.5" tall. Articles for the Newsletter can be e-mailed to quiltingfriends307@yahoo.com no later than the 3rd-Wednesday of each month.

Cell Phones:

We ask that cell phones be silent or off and that emergency conversations be held out of the meeting room.

Meeting Schedule

We meet at the First United Methodist Church, 108 E. 18th St. on the first Monday of each Month starting at 7 pm. Please view the newsletter for exact meeting times and programs. During the meetings you will have access to our Library.

Show & Tell Guidelines

Show one or more projects. Please share information regarding each piece.

How to Reach Us

Website: www.chquilters.org
Facebook at Cheyenne Heritage Quilters (https://www.facebook.com/groups/1510
36836442851).

E-mail: info@chquilters.org

Mailing address:

Cheyenne Heritage Quilters PO Box 21194 Cheyenne WY 82003